

Daylighting

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- It provides a healthier and more enjoyable indoor climate
- It conserves the earth's resources
- Because it saves energy, it saves money.

Visual comfort is the main determinant of lighting requirements. Good lighting will provide a **suitable intensity and direction of illumination** on the task area, **appropriate colour rendering**, the **absence of discomfort** and, in addition, a satisfying **variety in lighting quality** and intensity from place to place and over time.

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Poor lighting can cause **eyestrain, fatigue, headaches and irritability**, to say nothing of **mistakes and accidents**.

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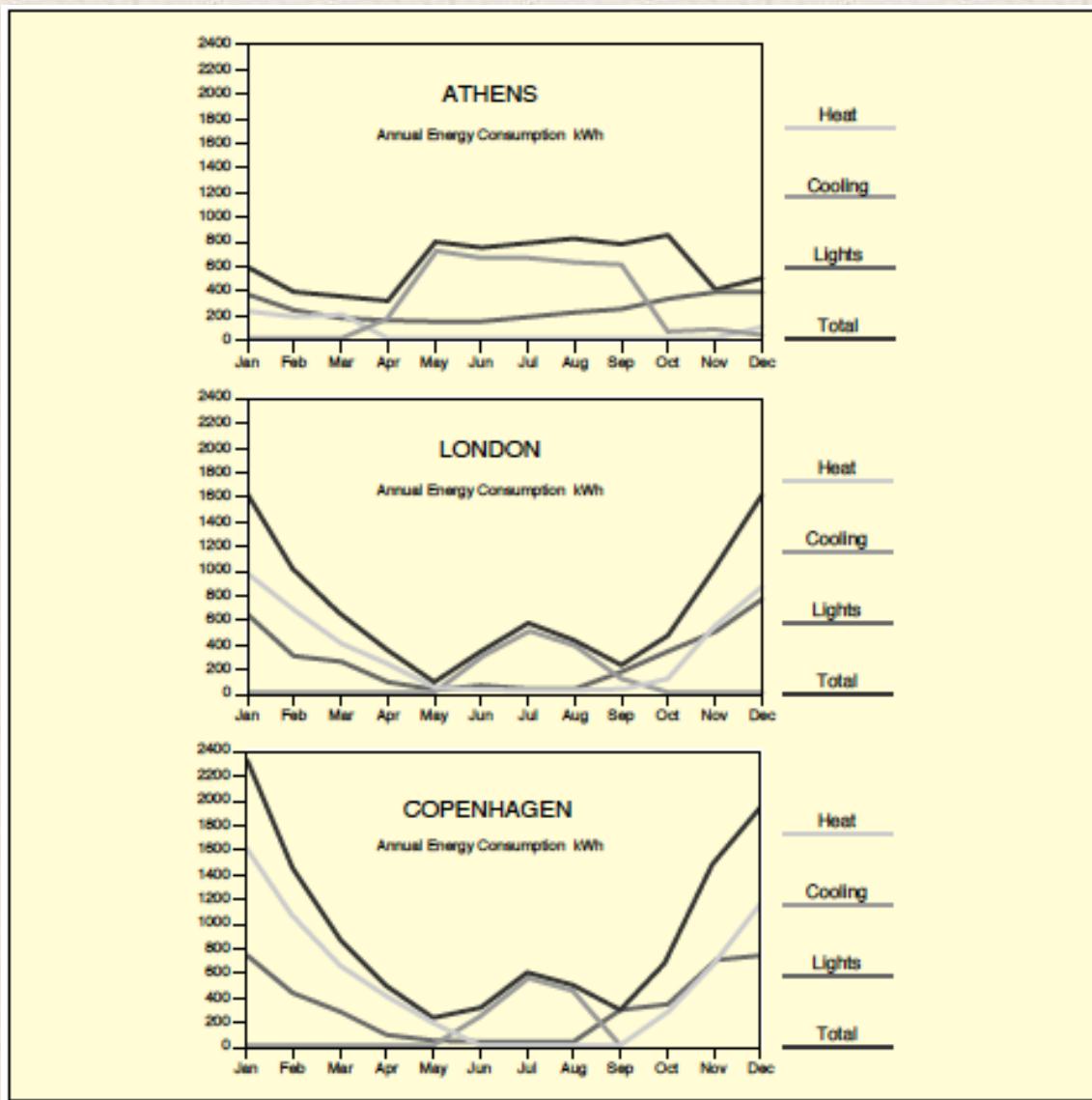
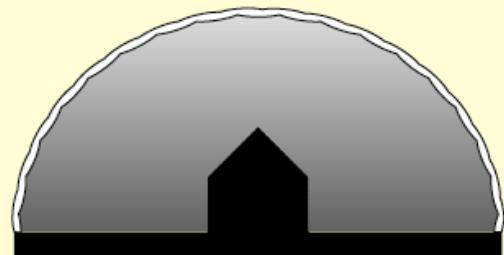


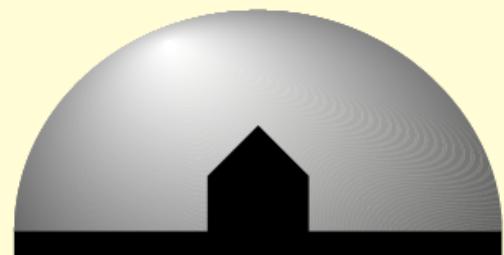
Figure 2: Energy costs in a model office room.



Uniform Luminance Sky Distribution



Standard Overcast Sky Distribution



Clear Blue Sky Distribution

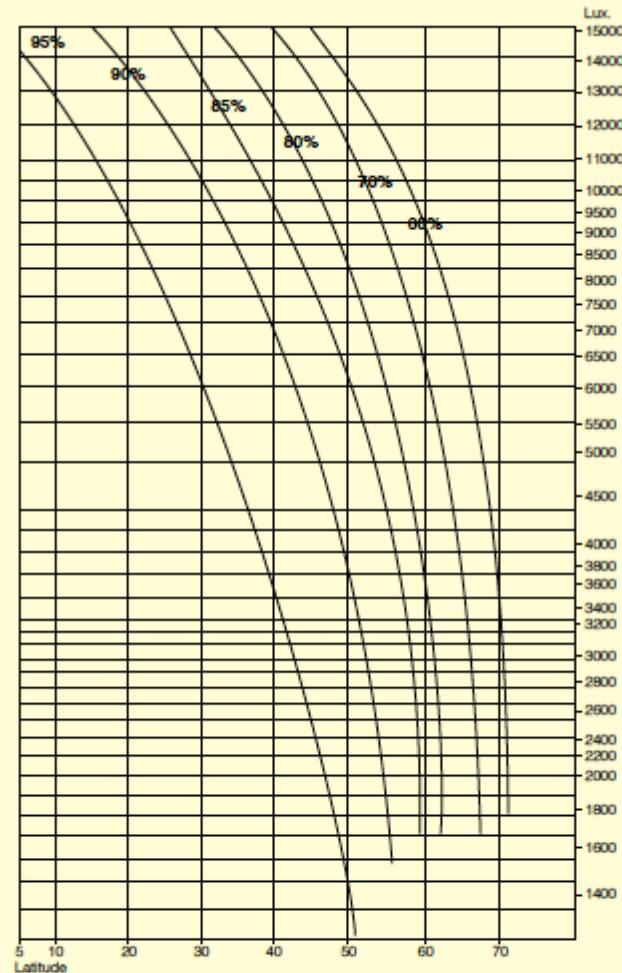


Figure 4 : Availability of outdoor light as a function of site latitude (7).

Figure 3: Standard skies.

Corridors/Toilets	100-150 lux
Restaurant/Canteen	200
Library/Classroom	300
General office	500
Workbench	500
Drawing office	500-750
High-precision tasks	1500

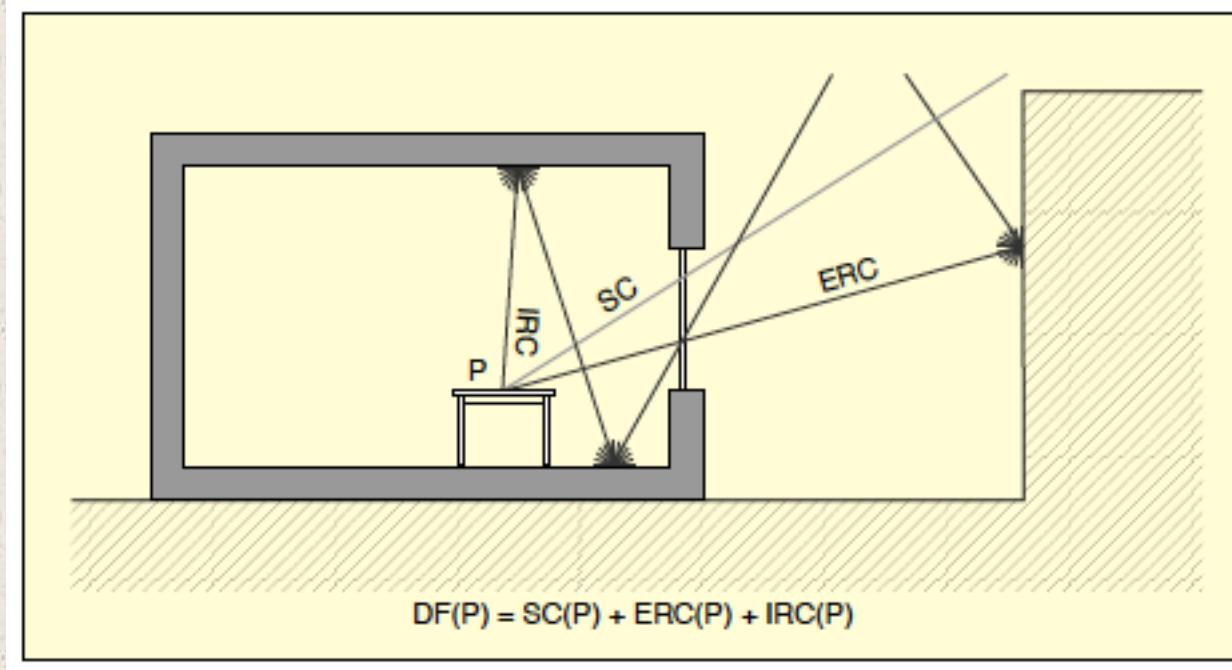
Table 2 : Some typical recommended illuminances.

The starting point for daylighting design, however, is not a set of absolute values, but instead the **daylight factor**, a measure of indoor daylight illuminance at a given location as a percentage of illuminance outdoors

Church	1%
Hospital ward	1%
Office	2%
Classroom	2%
Factory	5%

Table 3 : Recommended minimum daylight factors (4).

Calculating the **daylight factor**



SC = Sky Component

ERC = Externally Reflected Component

IRC = Internally Reflected Component

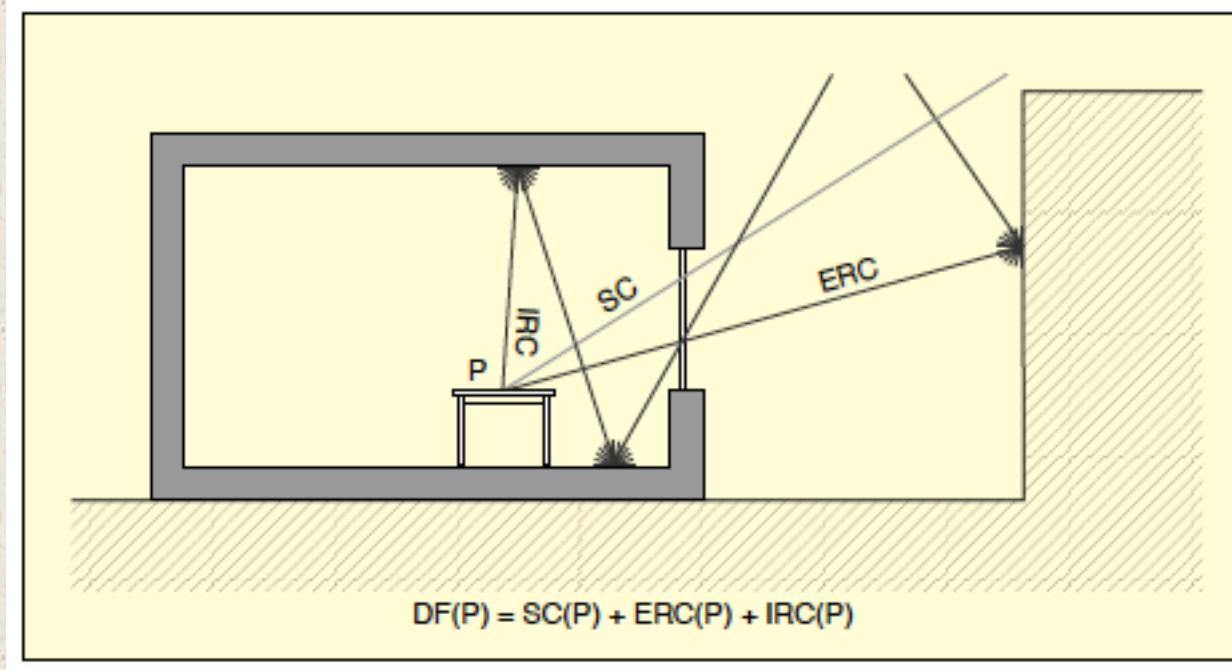
The average daylight factor df is defined as:

$$df = (E_{in} / E_{out}) \times 100\%$$

E_{in} = average interior illuminance

E_{out} = the unobstructed horizontal outdoor illuminance

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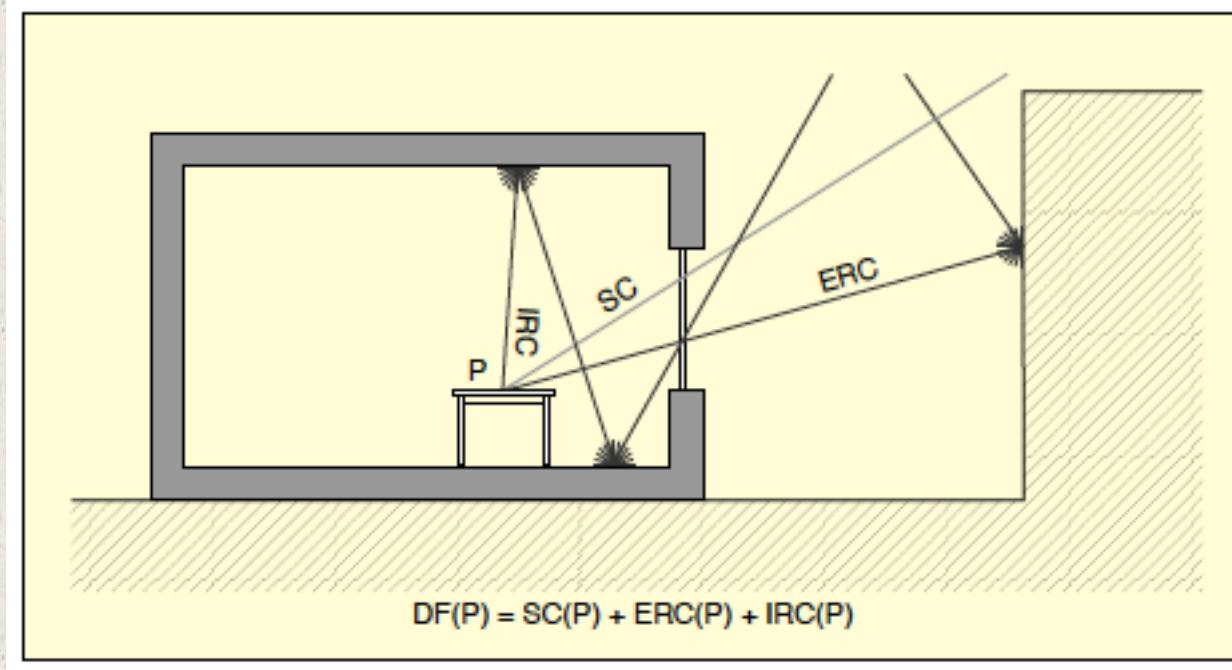
IRC = Internally Reflected Component

➤ Sum of the 3 components gives the illuminance level (LUX) at the point considered.

$$\text{Lux} = SC + ERC + IRC$$

Daylight Factor is used in building design in order to assess the natural lighting level as received on the working plane

Calculating the **daylight factor**



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CALCULATING DAYLIGHT FACTOR

- A simple RULE OF THUMB can be used to approximate D.F.

$$D = 0.1 \times P$$

where D = Daylight factor

P = Percentage glazing to floor area

E.g., given a room of 100 sq.m. floor area with 20 sq.m. of glazing.

$$\begin{aligned} D &= 0.1 \times (20/100) \times 100 \\ &= 0.1 \times 20 \\ &= 2 \% \end{aligned}$$

- Calculation of natural illuminance at the reference point inside a bldg. by applying the following formula,

$$D = (E_i / E_o) \times 100$$

Where, D = D.F.

E_i = illuminance at reference point in bldg.

E_o = illuminance at the reference point if the room was unobstructed.

THE DESIGN SKY CONCEPT

When the Daylight Factor for a given point has been established, it can be converted into an illumination value, if the outdoor illumination is known.

E.g.1:

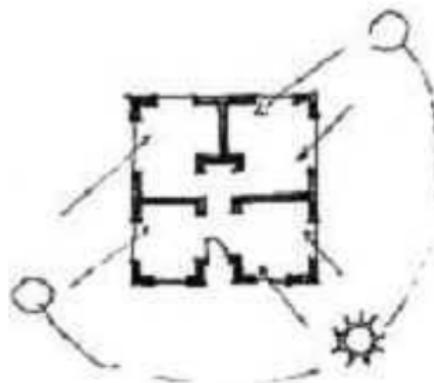
Both factors of E are measured in lux (lumens per sq.m.) with E_o taken as standard 5000 lux for unobstructed sky in the UK, $DF = 2\%$.

Therefore, $D = (E_i / E_o) \times 100$

$$\begin{aligned} \text{or } E_i &= (D \times E_o) / 100 \\ &= (2 \times 5000) / 100 \\ &= 100 \end{aligned}$$

Therefore, $E_i = 100$ lux.

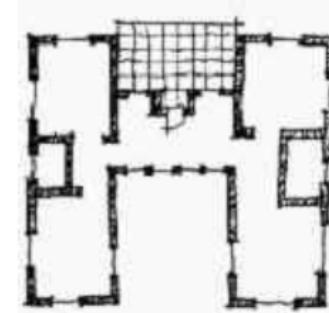
- A primary goal is to bring light into each room from two sides.



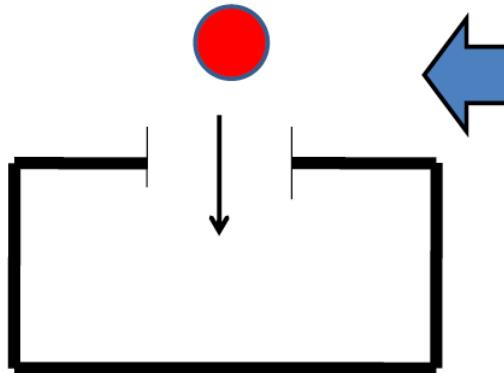
A Simple four-square house allows light into two sides of each corner room.



A long thin house allows light to enter from opposite sides of most rooms.



A house with wings creates rooms with the potential for light on two or three sides.

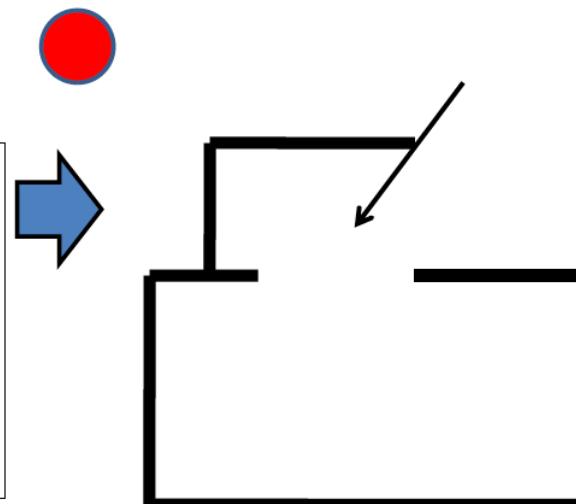


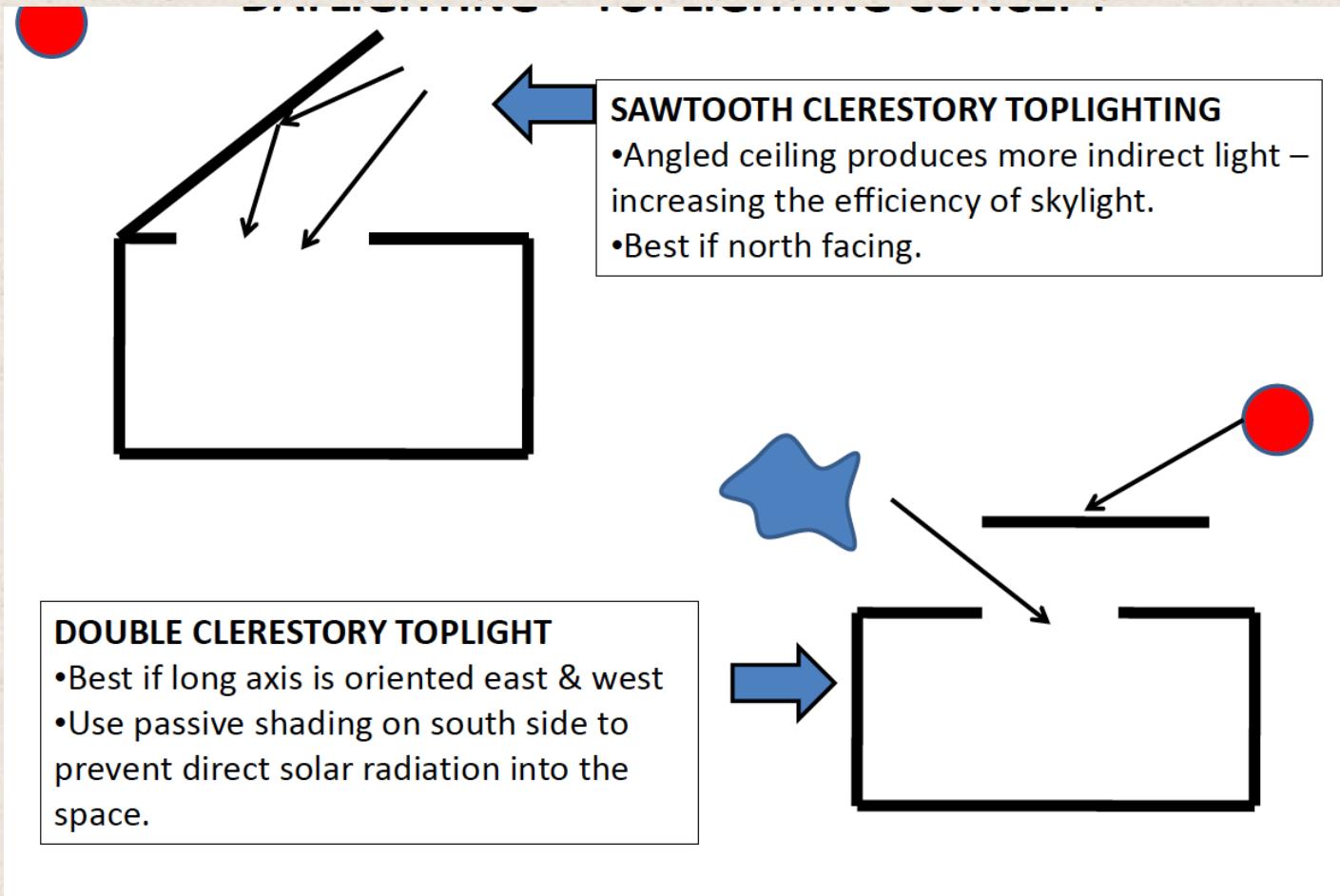
SKYLIGHT TOPLIGHTING

- Use of skylights to introduce light from above.
- Best done with diffusing skylight to prevent direct sun rays from causing overly bright spots.
- Skylights should be no more than 5% - 6% of the roof area.

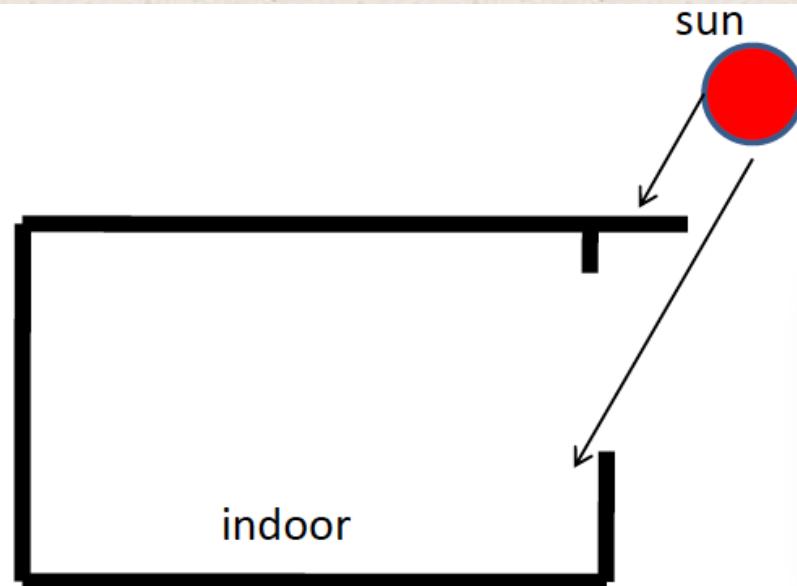
CLEARSTORY TOPLIGHT

- Use of high windows, above ceiling line.
- Best done when the windows faces north to prevent direct solar radiation.
- With north facing fenestration, ceiling aperture can be very large.

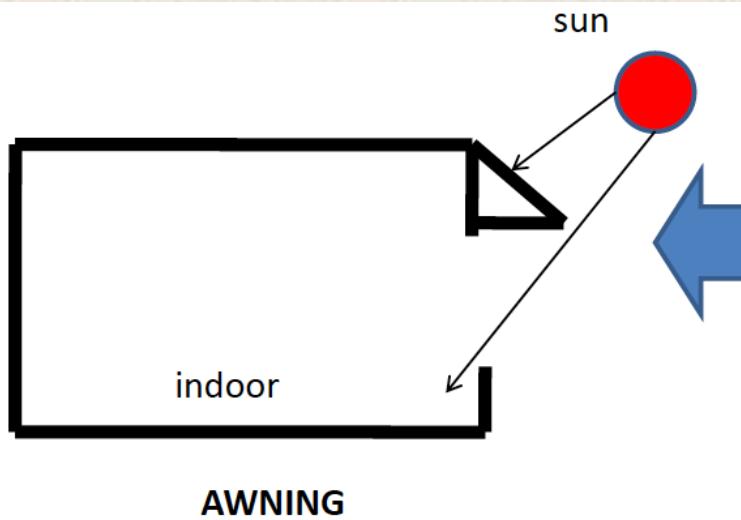




- Overhang soffits provide a limited amount of shading.
- Best employed on the south façade (northern hemisphere) of the building.



SOFFIT OVERHANG



- Awnings / other extended shades offer additional protection.
- Generally needed on the east & west façade of the building.

- A light shelf provides both shading & indirect lighting for the space – increasing the amount of daylight depth penetration.
- Most effective on the south façade – can be employed on east /west façade.

